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Product Data Sheet: PORCINE ACYLATED GHRELIN ELISA

Catalogue number: RA594062400R

For research use only!



BioVendor R&D<sup>®</sup>

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1.	PORCINE GHRELIN ACYLATED ELISA	3
2.	PRECAUTION FOR USE	3
3.	BACKGROUND	4
4.	PRINCIPLE OF THE ASSAY	5
5.	MATERIAL REQUIRED BUT NOT PROVIDED	6
6.	SAMPLE COLLECTION AND PREPARATION	7
7.	REAGENT PREPARATION	8
8.	ASSAY PROCEDURE	10
9.	DATA ANALYSIS	12
10.	ACCEPTABLE RANGE	13
11.	TYPICAL RESULTS	13
12.	ASSAY VALIDATION AND CHARACTERISTICS	14
13.	ASSAY TROUBLE SHOOTING	15
14.	BIBLIOGRAPHY	16

# 1. PORCINE GHRELIN ACYLATED ELISA

96 wells Storage: -20°C Expiry date: stated on the package

#### This kit contains:

REAGENTS (Store at 2-8 °C)	COLOUR CODE	Quantity	Form
Antibody Coated Microtiter Strips	Blister with zip	1	
Conjugate Solution (porcine tracer)	Green	1vial	lyophilized
Porcine Acylated Ghrelin Standard	Blue with red septum	2	lyophilized
Quality Control	Green with red septum	2	lyophilized
Dilution Buffer (EIA buffer)	Blue	1	lyophilized
Wash Solution Conc. (400x)	Silver	1	liquid
Substrate Solution (Ellman's reagent)	Black with red septum	2	lyophilized
Tween 20	Transparent	1	liquid
Cover Sheet		1	

Each kit contains sufficient reagents for 96 wells. This allows for the construction of one standard curve in duplicate and the assay of 36 samples in duplicate.

# 2. PRECAUTION FOR USE

Users are recommended to read all instructions for use before starting work.

Each time a new pipette tip is used, aspirate a sample or reagent and expel it back into the same vessel. Repeat this operation two or three times before distribution in order to equilibrate the pipette tip.

- For research laboratory use only.
- Not for diagnostic use.
- Do not pipet liquids by mouth.
- Do not use kit components beyond the expiration date.
- Do not eat, drink or smoke in area in which kit reagents are handled.
- Avoid splashing.

#### Temperature:

Unless otherwise specified, all the experiments are done at room temperature (RT), that is around +20°C. Working at +25°C or more affects the assay and decreases its efficiency.

## 3. BACKGROUND

## Acetylcholinesterase AChE® Technology

Acetylcholinesterase (AChE®), the enzymatic label for EIA, has the fastest turnover rate of any enzymatic label. This specific AChE is extracted from the electric organ of the electric eel, Electrophorus electricus, and it's capable of massive catalytic turnover during the generation of the electrochemical discharges. The use of AChE as enzymatic label for EIA has been patented by the French academic research Institute CEA [1, 2, 3].

AChE® assays are revealed with Substrate Solution (Ellman's reagent), which contains acetylthiocholine as a substrate. The final product of the enzymatic reaction (5-thio-2-nitrobenzoic acid), is bright yellow and can be read at 405-414 nm. AChE® offers several advantages compared to enzymes conventionally used in EIAs:

- Kinetic superiority and high sensitivity: AChE® shows true fi rst-order kinetics with a turnover of 64,000 sec-1. That is nearly 3 times faster than Horse Radish Peroxidase (HRP) or alkaline phosphate. AChE® allows a greater sensitivity than other labeling enzymes.
- Low background: non-enzymatic hydrolysis of acetylthiocholine in buffer is essentially absent.
  So, AChE® allows a very low background and an increased signal/noise ratio compared to other substrate of enzymes which is inherently unstable.
- Wide dynamic range: AChE® is a stable enzyme and its activity remains constant for many hours as, unlike other enzymes, its substrate is not suicidal. This permits simultaneous assays of high diluted and very concentrated samples.
- Versatility: AChE® is a completely stable enzyme, unlike peroxidase which is suicidal. Thus, if a plate is accidentally dropped after dispatch of the AChE® substrate solution (Ellman's reagent) or if it needs to be revealed again, one only needs to wash the plate, add fresh Substrate Solution (Ellman's reagent) and proceed with a new development. Otherwise, the plate can be stored at +4°C with Wash Buffer in wals while waiting for technical advice from the Technical Support.

## Ghrelin

Ghrelin discovered in 1999, is fast becoming an endokrinology target of the millennium. Ghrelin, identifi ed in rat stomach as an endogenous ligand for the GH secretagogue receptor, is mainly produced in stomach, but has been demonstrated in many other organs [4, 5]. In addition to GH-releasing properties and its orexant action, Ghrelin could act as an hormone having effects on gastric motility (similarity with the peptide hormone motilin), acidic secretion, cardiovascular action, antiproliferative effects, pancreatic and glucose metabolism function, sleep [6, 7, 8]...

Ghrelin gene raises to mRNA prepro-ghrelin of 117 amino acids. This precursor is processed into Ghrelin, 28 amino acids (human).

Before being secreted, this peptide is octanoylated at Ser 3 by GOAT (Ghrelin Octanoyl Acyl Transferase). This step is Essentials for biological activity making GOAT a perfect target for drugs in feeding behaviour. Interestingly, the potential therapeutic importance of this hormone is not restricted to regulation of food intake [9] but also in cachexia (related to cancer treatment, anorexia nervosa or ischemia) [10] gastrin motility and may be involved in osteoporosis, somatopause, infertility and ovulation induction, neurological disorders (Alcoholism, Post Traumatic Stress disorders...) [11] and cardiovascular diseases.

# 4. PRINCIPLE OF THE ASSAY

This Enzyme Immunometric Assay (EIA) is based on a doubleantibody sandwich technique. The wells of the plate supplied are coated with a monoclonal antibody specific to the C-terminal part of Ghrelin.

This antibody will bind to any Ghrelin introduced into the wells (standard or sample). The acetylcholinesterase (AChE) - Fab' conjugate (Tracer) which recognises the N-terminal part of Acylated Ghrelin is also added to the wells.

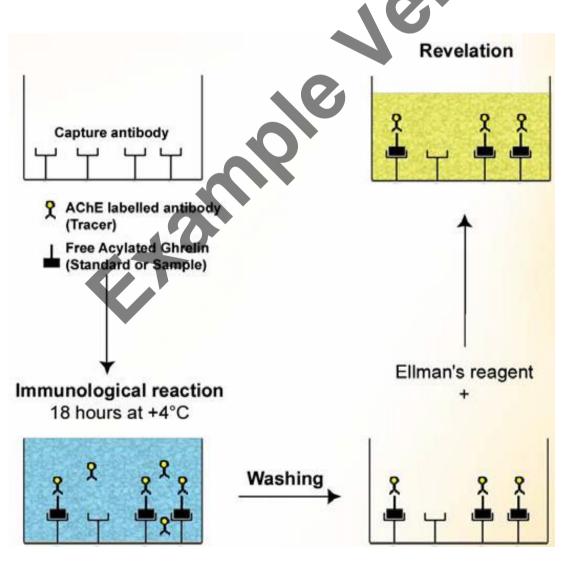
The two antibodies then form a sandwich by binding on different parts of the Acylated Ghrelin (porcine).

The sandwich is immobilised on the plate so reagents in excess may be washed away.

The concentration of Acylated Ghrelin (porcine) is determined by measuring the enzymatic activity of immobilized Tracer using Substrate Solution (Ellman's Reagent). AChE Tracer acts on Substrate Solution (Ellman's Reagent) to form a yellow compound that strongly absorbs at 414 nm.

The intensity of the colour, which is determined by spectrophotometry, is proportional to the amount of Acylated Ghrelin (porcine) present in the well during the immunological incubation.

The principle of the assay is summarised below:



# 5. MATERIAL REQUIRED BUT NOT PROVIDED

In addition to standard laboratory equipment, the following material is required:

#### FOR SAMPLE PREPARATION

- K2-EDTA tubes for blood collection
- NCI 1N (optional)
- 35 sampling tubes with PHMB or reagents for PHMB inhibitor solution:

Potassium Phosphate buffer 0.1 M pH 7.4

NaOH 10N

p-Hydroxymercuribenzoic acid (PHMB)

UltraPure water (cat. number S0001)

or Aprotinin (up to 0,6 TIU per mL blood)

or PMSF

# ersion

#### FOR THE ASSAY

- Precision micropipettes (20 to 1000 μL)
- Spectrophotometer plate reader (405 or 414 nm filter)
- Microplate washer (or wash-bottles)
- Orbital Microplate shaker able to perform at 600 rpm
- Multichanel pipette and disposable tips 30-300 μl
- Ultra pure water
- Polypropylene tubes

Water used to prepare all EIA reagents and buffers must be Ultra Pure, deionized & free from organic contaminants traces.

Otherwise, organic contamination can signifi cantly affect the enzymatic activity of the tracer AcetylCholinesterase. Do not use distilled water, HPLC-grade water or sterile water.

- Ulta pure water may be purchased from BioVendor

# 6. SAMPLE COLLECTION AND PREPARATION

## **General precautions**

- All samples must be free of organic solvents prior to assay.
- Samples should be assayed immediately after collection or should be stored at -20°C.

## **Blood Collection**

- Blood samples are collected in tubes containing K2-EDTA and a protease inhibitor to prevent the degradation of Acylated Ghrelin.
- Choice of protease inhibitor

We suggest adding p-hydroxymercuribenzoic acid (PHMB) 1 mM in the fi nal sample volume during the blood collection. We suggest preparing a 100 times concentrated solution of protease inhibitor and then adding 10  $\mu$ L of this solution per mL of blood. For example, for PHMB 100mM concentrated solution, prepare a potassium phosphate buffer 0.1 M pH 7.4 in which 1.2% NaOH 10N volume/ volume is added. Then dissolve PHMB to get a 100 times concentrated solution (100 mM) in this buffer. Add 10  $\mu$ L of this PHMB 100x solution per mL of blood. The PHMB 100x solution may be stored one month at -20°C.

We suggest using aliquots for PHMB 100x solution in order to avoid freezing/thawing cycles.

To avoid the preparation of PHMB protease inhibitor solution, BioVendor provides sampling tubes for 1 mL of blood containing PHMB. Other protease inhibitors could be used with the assay like Aprotinin (up to 0,6 TIU/mL blood) or PMSF (around 0,1 mg/mL blood according to litterature) as indicated in the section "Protease inhibitor compatibility table" at the end of this booklet. For the use of these different products, please refer to the vendor's instructions.

- Collection tubes are mixed by inversion 5 folds.

Samples should be kept on ice between collection and centrifugation (15 minutes max).

- Blood samples are centrifuged at 3,500 rpm for 10 minutes at +4°C and then, supernatants are transferred in separate tubes. Samples should be quickly assayed or stored at -20°C for later use.
- The best way is to assay the samples within 3 weeks after the collection date. Moreover, we suggest using aliquots for plasma samples (we suggest 250 µl per aliquot) in order to avoid freezing/thawing cycles.

Plasma samples prepared as above-mentioned can be assayed for Acylated Ghrelin (porcine) with Acylated Ghrelin (porcine) EIA kit or for Unacylated Ghrelin (porcine) with Unacylated Ghrelin EIA kit.

## Sample preparation

Plasma samples may be assayed directly without any extraction procedure after being diluted at **least to 1:2 in Dilution Buffer** in order to avoid matrix effect.

## 7. REAGENT PREPARATION

All reagents need to be brought to room temperature, around +20°C, prior to the assay.

#### **Dilution Buffer**

Reconstitute the vial Dilution buffer with 50 mL of UltraPure water. Allow it to stand 5 minutes until completely dissolved and then mix thoroughly by gentle inversion.

Stability at 4°C: 1 month

#### Acylated Ghrelin (porcine) Standard

Reconstitute the Standard vial with 1 mL of UltraPure water. Allow it to stand 5 minutes until completely dissolved and then mix thoroughly by gentle inversion.

The concentration of the first standard S1 is 500 pg/mL.

Prepare seven propylene tubes for the other standards and add 500  $\mu$ L of Dilution Buffer into each tube. Then prepare the standards by serial dilutions as follows:

Standard Volume of Standard		Volume of Dilution Buffer	Standard concentration pg/mL		
S1		-	500		
S2	500 µL of S1	500 μL	250		
S3	500 µL of S2	500 μL	125		
S4	500 µL of S3	500 μL	62.5		
S5	500 µL of S4	500 μL	31.3		
S6	500 µL of S5	500 μL	15.6		
S7	500 µL of S6	500 μL	7.8		
S8	500 µL of S7	500 μL	3.9		

#### Acylated Ghrelin (porcine) Quality Control

The Quality Control provided in this kit has been prepared by spiking Acylated Ghrelin (porcine) peptide in Dilution Buffer. Reconstitute the Quality Control vial with 1 mL of UltraPure water. Allow it to stand 5 minutes until completely dissolved and then mix thoroughly by gentle inversion. <u>Stability</u> at +4°C: 1 week

#### Acylated Ghrelin Conjugate Solution

Reconstitute the vial Conjugate Solution with 10 mL of Dilution Buffer. Allow it to stand 5 minutes until completely dissolved and then mix thoroughly by gentle inversion. <u>Stability</u> at +4°C: 1 week

#### Wash Buffer

Dilute 2 mL of concentrated Wash Buffer with 800 mL of UltraPure water. Add 400 µL of Tween20. Use a magnetic stirring bar to mix the content. <u>Stability</u> at +4°C: 1 week

#### Substrate Solution (Ellman's Reagent)

**5 minutes before use** (development of the plate), reconstitute one vial of Substrate Solution (Ellman's Reagent\_49+1) with 49 mL of UltraPure water and 1 mL of concentrated Wash Buffer. The tube kontent should be thoroughly mixed. Stability at 4°C and in the dark: 24 hours

# 8. ASSAY PROCEDURE

It is recommended to perform the assays in duplicate and to follow the instructions hereafter.

## **Plate preparation**

Prepare the Wash Buffer as indicated in the reagent preparation section. Open the plate packet and select the suffi cient strips for your assay and place the unused strips back in the packet, store at +4°C for 1 month maximum.

Rinse each well 3 times with the Wash Buffer 300 µL/well.

Just before distributing reagents and samples, remove the buffer from the wells by inverting the plate and shaking out the last drops on a paper towel.

## **Distribution of reagents and samples**

A plate set-up is suggested on the following page.

The contents of each well may be recorded on the template sheet provided at the end of this technical booklet.

## **Pipetting the reagents**

All samples and reagents must reach room temperature prior to performing the assay.

Use different tips to pipette the buffer, standard, sample, conjugate, antiserum and other reagents.

Before pipetting, equilibrate the pipette tips in each reagent. Do not touch the liquid already in the well when expeling with the pipette tip.

#### **Dilution Buffer**

Dispense 100 pL to Non Specifi c Binding NSB wells.

## Acylated Ghrelin (porcine) Standards

Dispense 100 µL of each of the eight standards S1 to S8 in duplicate to appropriate wells.

Start with the lowest concentration standard S8 and equilibrate the tip in the next higher standard before pipetting.

#### **Quality Control and samples**

Dispense 100  $\mu L$  in duplicate to appropriate wells. Highly concentrated samples may be diluted in Dilution Buffer.

#### **Acylated Ghrelin Conjugate Solution**

Dispense 100 µL to each well, **except** Blank (Bk) wells.

## Incubating the plate

Cover the plate with the cover sheet and incubate for 18 to 20 hours (overnight) at +4°C.

	1	2	3	4	5	6	7	8	9	10	11	12
А	В	S2	S6	*	*	*	*	*	*	*	*	*
В	В	S2	S6	*	*	*	*	*	*	*	*	*
С	В	S3	S7	*	*	*	*	*	*	*	*	*
D	NSB	S3	S7	*	*	*	*	*	*	*	*	*
Е	NSB	S4	S8	*	*	*	*	*	*	*	*	*
F	NSB	S4	S8	*	*	*	*	*	*	*	*	*
G	S1	S5	QC	*	*	*	*	*	*	*	*	*
н	S1	S5	QC	*	*	*	*	*	*	*	*	*

B : Blank

S1-S8: Standards 1-8

\* : Samples

# Developing and reading the plate

- Reconstitute Substrate Solution (Ellman's reagent) as mentioned in the Reagent preparation section.
- Empty the plate by turning over. Rinse each well five times with 300 µL Wash Buffer. The 5th time, slightly shake the plate for 5 minutes on an orbital shaker. Then rewash five times with 300 µL Wash Buffer. At the end of the last washing step, empty the plate and blot the plate on a paper towel to discard any trace of liquid.
- Add 200µL of Substrate Solution (Ellman's reagent) to each 96 well. Cover the plate with aluminium sheet and incubate in the dark at room temperature. Optimal development is obtained using an orbital shaker.
- Wipe the bottom of the plate with a paper towel, and make sure that no liquid has splashed outside the wells.
- Read the plate at a wavelength between 405 and 414nm (yellow colour).

After addition of Substrate Solution (Ellman's reagent), the absorbance has to be checked periodically (every 30 minutes) until the maximum absorbance has reached a minimum of 0.5 A.U. blank subtracted.

NSB : Non Specific Binding QC: Quality Controls

Enzyme Immunoas	say Protocole (v	olumes are in p	μ <b>L)</b>				
	Blank	NSB	Standard	Sample or QC			
EIA Buffer	-	100	-	-			
Standard	-	-	100	-			
Sample or QC	-	-	-	100			
Tracer 100							
Cover plate, incubate	e 16-20 hours at -	⊦4 °C					
Wash plate 5 times, s	shake 5 min, was	h 5 times & disc	card liquid from the	e wells			
Ellman's reagent			200				
Incubate with an orbi	tal shaker in the	dark at RT					
Read the plate betwe	en 405 and 414	nm		-			

# 9. DATA ANALYSIS

Make sure that your plate reader has subtracted the absorbance readings of the blank well (absorbance of Substrate Solution (Ellman's reagent) alone) from the absorbance readings of the rest of the plate. If not, do it now.

Subtract the NSB mean absorbance from each standard, QC and sample.

Calculate the average absorbance for each QC, standard and sample.

For each standard, plot the absorbance on y axis versus the concentration on x axis. Draw a bestfit line through the points.

To determine the concentration of your samples, find the absorbance value of each sample on the y axis.

Read the corresponding value on the x axis which is the concentration of your unknown sample. Do not forget to integrate the dilution factor of your own samples (due notably to the minimal dilution for the assay 1:2).

Samples with a concentration greater than 500 pg/mL should be re-assayed after dilution in EIA Buffer.

Most plate readers are supplied with curve-fitting software capable of graphing these data (logit/log or 4-parameter logistic fit 4PL or 5 parameter logistic fitting with ponderation 1/Y2). If you have this type of software, we recommend using it. Refer to it for further information.

Two vials of Quality Control are provided with this kit. Your standard curve is validated only if the calculated concentration of the Quality Control obtained with the assay is +/- 25% of the expected concentration (written on the Quality Control Sheet)

# **10. ACCEPTABLE RANGE**

Non Specifi c Binding < 50 mA.U.

Limit of detection in the sample before dilution <20 pg/mL

QC sample: ±25% of the expected concentration (see on the Quality Control Sheet)

# **11. TYPICAL RESULTS**

The following data are for demonstration purpose only. Your data may be different and still correct.

These data were obtained using all reagents as supplied in this kit under the following conditions: 30 minutes developping, reading at 414 nm. A 5-parameter logistic fitting with ponderation 1/Y2 was used to determine the concentrations.

	Acylated Ghrelin (porcine) pg/mL	Absorbance (mAU)
Standard S1	500	2 920
Standard S2	250	1 273
Standard S3	125	466
Standard S4	62.5	159
Standard S5	31.3	54
Standard S6	15.6	25
Standard S7	7.8	14
Standard S8	3.9	9

10.000 1.000 0.100 0.010 0.010 0.001 0.001 1.000 0.001 0.001 0.001 0.001 0.000 1.000 0.0000 0.00000 0.0000 0.0000 0.0000 0.00000 0.00000 0.0000 0.0000 0.00

Typical Porcine Acylated ghrelin standard curve

# **12. ASSAY VALIDATION AND CHARACTERISTICS**

The Enzyme Immunometric assay of Acylated Ghrelin (porcine) has been validated for its use in buffer and in plasma (without extraction but diluted at least 1:2). A 5-parameter logistic

fitting with ponderation 1/Y2 was used to determine the concentrations.

For additional information regarding the validation of imunoassay for protein biomarkers in biological samples, please refer to bibliography [12, 13].

The **limit of detection**, calculated as the concentration of Acylated Ghrelin corresponding to the NSB average (n = 8) plus three standard deviations is 10 pg/mL. Due to the minimal plasma dilution (1:2), the limit of detection in the samples is 20 pg/mL.

Cross-reactivity	S O
Unacylated Ghrelin (porcine)	<1%
Ghrelin (1-14) (human)	<0.001 %
Ghrelin (1-11) (rat)	<0.001 %
Ghrelin (17-28) (human, rat)	≤0.001 %
GHRF (human)	≤0.001 %
Insulin (human)	<0.001 %
Motiline	<0.001 %
Leptin (human)	<0.001 %
Somatostatine	<0.001 %
CRF (human, rat)	<0.001 %
Glucagon (human, rat)	<0.001 %

## Protease Inhibitor compatibility table

	AEBSF	PMSF	Pefabloc	P800	Aprotinin	PHMB
RA594062400R	NO	YES	NO	NO	YES	YES

Plasma samples were collected on different protease inhibitors according to vendors instruction and measured with the appropriate kit. Recovery is different from one inhibitor to the other and it belongs to the end user to define according to its Leeds which inhibitor to be used.

## **13. ASSAY TROUBLE SHOOTING**

**Absorbance values too low**: organic contamination of water, incubation in wrong conditions (time or temperature), reading time not long enough. Standard or Conjugate Solution or Substrate Solution's reagent have not been dispensed.

**High signal and background in all wells**: Inefficient washing or overdeveloping (incubation time should be reduced) or high ambient temperature.

High dispersion of duplicates: Poor pipetting technique or irregular plate washing.

If a plate is accidentally dropped after dispatch of the AChE<sup>®</sup> substrate solution (Ellman's reagent) or if it needs to be revealed again: one only needs to wash the plate, add fresh Substrate Solution and proceed with a new development. Otherwise, the plate can be stored at +4°C with wash buffer in wells while waiting for technical advice from Technical Support.

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